

KNOWLEDGE QUEST ACADEMY

ATHLETIC HANDBOOK



Eligibility Requirements

1. Age requirements: Student-athletes must be in **6th, 7th, or 8th** grade on or before the first scheduled league game of the chosen sport.
2. Each Friday, the D/F report will be run, indicating eligibility for the following seven days. Any students with 2 Ds or an F in core classes will not be able to participate in games (but may participate in practices) until the next report is run and the student is off the list.
3. If a student has been on the D/F report for two consecutive weeks, he/she will not participate in practice or games and must attend homework club in order to remain on the team.
4. Once a student is no longer on the D/F list as defined above, he/she is eligible to return to regularly scheduled games and practices. **(All RMS STUDENTS WILL FOLLOW THE ELIGIBILITY REQUIREMENTS OF KQA)**
5. All student-athletes participating in sports (try-outs, practices, and games) are required to have a physical examination before participating. Also, each participant must have adequate insurance. The insurance requirements may be met if your son/daughter is presently covered by a family insurance program. If not you can purchase a School Accident Insurance Coverage Plan through the school.
6. All sports fees must be paid on or by the first game. Students may not participate in practices or games if fees are not paid by this deadline.
7. Student-athletes may dress up on game days only if they are eligible. Dress-up attire does not include jeans or T-shirts. Violation of this policy will result in the loss of the opportunity to dress up.
8. Conduct: Any student-athlete whose behavior results in a written warning will be suspended from 1 game. Three written warnings in a season will result in the athlete being removed from the sport. Any student-athlete whose behavior results in a suspension will NOT be eligible to compete in any scheduled event for a period of 7 calendar days. Any student-athlete suspended more than once during the sports season will be removed from the team.
9. Attendance: On game day, the student/athlete must attend school during the entire normal school day to be eligible to participate in the scheduled game. Unusual circumstances must have prior approval by the Principal or Athletic Director.
10. Registration: **All physicals, forms and fees** must be submitted by the first game in order to be eligible to continue to participate in the sport.

I have read this Eligibility Requirement:

Student-Athlete

Date

Parents

Date

Knowledge Quest Academy Athletic Code of Conduct

ATTENDANCE

- Our attendance is simple: be at school every day and be at every practice and game.
- If you need to miss practice/game for any reason you will need to provide notice of the reason (Doctor, Sick, Etc.).
- If you miss school due to illness. You will not be allowed to practice or play.
- An unexcused absence from a practice/game could result in immediate dismissal from the team. By joining the team, you are making a commitment to your school, your teammates, and your coaches.

PRACTICE/GAME/OFF-COURT/FIELD CONDUCT

- **DISCIPLINE** is essential to reach maximum potential. You will be expected to be properly dressed and ready to go at the designated starting time for practices and games. Conditioning is critical for safe and competitive playing. Full participation is expected unless you present a doctor's note.
- Take pride in everything you do. You represent yourself, your team and KQA.
- Respect for your teammates and your coaches is essential; however, it is also important to respect your opponents and the game officials
- Always practice with a purpose. Be working on a skill weakness when not involved in a drill.
- Strive to do things the way you are told/taught, be a smart player, not a fancy one. Effort and dedication result in the development of game skills and more playtime.
- When the whistle blows, hustle to the coach and give your undivided attention.
- Never leave the court/field without permission from the coach.
- On game days, you are expected to wear appropriate dress attire during school days

ACADEMICS

- Your primary focus while in school is your academics. One of the greatest opportunities you have in this life is to pursue education.
- You are expected to maintain academic eligibility. However, it is strongly encouraged that you pursue a higher standard of academic excellence. Unsatisfactory academic standing will result in no playing time during games. Practice will still be required.
- You are visible to other KQA students and, as such, serve as a role model for good academic achievement.

PARENT/FAMILY SPECTOR CONDUCT

- Parents, Family, and other spectators represent **KQA** and our team. You are expected to conduct yourself in a way that demonstrates integrity, respect, sportsmanship, and honor towards coaches, players, fans, and officials at all times. Behavior contrary to these values could result in your son/daughter's removal from the **KQA TEAM**.
- Practices are closed to parents or other spectators until the last 15 minutes of practice. Do not enter the gym or arrive at the field prior to this time.
- Parents are expected to assist their children in adhering to the code of conduct and all items in the **ATHLETIC HANDBOOK**.
- You and your child represent yourself, your team, and **KQA**.
- **KQA** coaching staff makes decisions based on what is best for the players and the athletic program. You are expected to respect these decisions and trust the judgment of the coaches. Playing time is determined by the coaches. We are here to win and have a competitive team. At the appropriate time, emerging athletes will be given court/field playing time. We recognize this builds stronger future players. When players and parents have questions or concerns, contact the coaches after practice. These discussions will not occur in front of team members, other parents, or spectators. If you feel the issue is not being resolved, the next step is to contact the **Athletic Director**.
- Attitude plays a big role in personal and team performance in a sport. More is accomplished when a positive "**ready to learn**" attitude is practiced. As such, respectful positive behavior is expected at all times for players, parents, and coaches.

We have read this code of conduct and agree to adhere to the expectations at all times

Player's Signature

Parents' Signature

Knowledge Quest Academy (KQA) General Team Rules

1. Roll call will be taken at every practice. Student-athletes who have missed a practice must report to coaches, in person, with a written excuse for missed practices prior to the start of the day's practice. One unexcused practice may be cause for less playing and or being dropped from the teams.
2. Student-athletes are responsible for taking care of and returning all uniforms and equipment issued to them. The following will occur when uniforms and or equipment are not returned at the conclusion of the season:
 - A. If the student-athlete is a **6th or 7th grader**, the student-athlete will not be allowed to participate in any sports at **KQA** until the uniform and or equipment is returned or the athlete has paid for a replacement.
 - B. If the student is an **8th grader**, the student-athlete will not be allowed to participate in any sports at **KQA**, and the student's academic/school records will not be transferred to **HIGH SCHOOL** for the following year until the uniform and or equipment is returned or the school has been paid for a replacement.
3. All student-athletes are required to leave the building through the main entrance doors.
4. Student-athletes may not loiter in the school halls after practice.
5. Student-athletes residing within walking distance are to go directly home after practice.
6. Student-athletes requiring a ride home should make arrangements in advance of the practice to be picked up at the main entrance of the school, not more than 15 minutes after practice.
7. The use of **tobacco products, alcohol, or narcotics/drugs (unless prescribed by a doctor) is strictly prohibited.**
8. Each coach may have additional team rules specific to their sport and or coaching style.
9. Players may be photographed or filmed during practices, games and events. Please mark if you want to allow these images to be shared on the team's and or Knowledge Quest Academy's social media.

☐ Yes I allow my child to be posted on social media

☐ No I don't allow my child to be posted on social media

Signed: _____ Date _____
(Parent or Legal Guardian)

Signed: _____ Date _____
(Student-Athlete)

